

FITNESS

LEACH RECREATION CENTER

Our largest recreation center houses strength and cardio machines, free weights, sport courts, an indoor track, pool, spa, and more.

FITNESS & MOVEMENT CLINIC

Housed in the Mary Coburn Health & Wellness Center, you can find cardio and weight machines, as well as our F45 Training Studio.



AQUATICS

The Leach Pool and FSU Rez Lakefront are home to recreational swimming, certification courses, swim lessons, and more.

PERSONAL TRAINING

Receive tips from our fitness coaches or work out with a certified personal trainer at our various member rates.

GROUP FITNESS

Enjoy our free group fitness classes with barre, cardio dance, kickboxing, Pilates, spinning, yoga, and more.

OUTDOORS

FSU REZ LAKEFRONT PARK

Just five minutes from campus, enjoy the Lake for its lakefront beach, watercraft rentals, sand volleyball, disc golf, climbing wall, and more.

FSU CHALLENGE

Located at the Lakefront, our high ropes challenge course is great for student and community groups. Or, the low ropes course offers team-building elements at a lower altitude.

OUTDOOR PURSUITS

Ready for adventure? Join an outdoor trip with OP at a fraction of the cost of going on your own. Explore locally or experience high level adventure at our day or overnight trips.



SPORTS

INTRAMURAL SPORTS

Play to win or play for fun! We offer over 50 sport leagues and events year-round for all talent levels. Win a league and take home the coveted IM champion t-shirt!

SPORT CLUBS

With over 30 competitive, recreational, and instructional sport clubs ranging from rugby and softball to quidditch and cheerleading, there is something for everyone.

MAIN CAMPUS FIELDS

Four sport fields right across from Doak Campbell Stadium. Open for students and members to use for practice or pick-up games.

REC SPORTSPLEX

108 acres, 25 fields, 1 location. This award-winning facility comes alive each night for IM games and club practices.

TULLY GYMNASIUM

Home to FSU's indoor Intramural Sports activities.

WESTSIDE COURTS

Outdoor courts for basketball, tennis, and sand volleyball, as well as an outdoor fitness court. Open daily.

MEMBERSHIPS

MEMBER BENEFITS

- Unlimited access to Campus
 Recreation facilities:
 - Leach Student Recreation
 Center
 - Fitness & Movement Clinic
 - Main Campus Fields
 - Westside CourtsFSU Rez Lakefront Park
- Group fitness classes including barre, cardio dance, kickboxing, Pilates, spinning, yoga, and more!
- Free watercraft rentals for use on Lake Bradford at the FSU Rez Lakefront Park
- Personal training services and small group training programs, including F45 Training at discounted member rates
- Fitness assessment services at discounted member rates
- Youth and adult swim lessons at discounted member rates

FAMILY HOURS

Bring your family to the gym! Fridays from 5pm-close + all day Saturdays & Sundays

Areas accessible to guest under 18 years old include: basketball courts, racquetball courts, indoor track, pool, and spa areas of the Leach Center.

Day Pass Rates:

- Ages 17-12 | \$5 per visit
- Ages 11 & Under | Free

MEMBERSHIP RATES

Faculty Staff & Affiliates:

- \$29/1-month
- \$109/4-month
- \$299/12-month
- \$149/12-month Early Access

Alumni & Affiliates:

- \$39/1-month
- \$149/4-month
- \$399/12-month

FIND NEW S

FSU. CAMPUS RECREATION

CAMPUSREC.FSU.EDU

