
FSU NEW FACULTY DEVELOPMENT PROGRAM REGISTRATION

FALL 2023

SEPTEMBER

Register for your NCFDD membership. It is easy. Go [HERE](#) and select "Become a member" in the top right corner.

Monday, September 11, 11:30 - 1:00 Suwannee Dining Hall

New Faculty Luncheon: "Is there such a thing as work/life balance?"

Come talk with experienced faculty about how to live while making an academic career. We will eat and talk together in an informal setting. Faculty are responsible for purchasing their own lunch. [REGISTER HERE](#).

Wednesday, September 13, 2:00 – 3:00 ET, virtual live:

NCFDD hosts "Overcoming Academic Perfectionism"

- Do you struggle to share your writing at the early stages because it's not perfect?
- Do you find yourself devastated by criticism of your work?
- Do you beat yourself up every time the tiniest thing goes wrong?
- Is it difficult for you to celebrate other people's success because it reminds you of your own shortcomings?

If any of these things sound familiar, CONGRATULATIONS! You're a perfectly normal perfectionist! The only problem is that the nature of the Academy is likely to exacerbate your perfectionist tendencies, as opposed to minimizing them. In this webinar, perfectionists will unite to get clear about:

- The causes and consequences of excessive perfectionism.
- The features of academic life that intensify perfectionism
- Strategies to identify when your perfectionism is at work, assess whether it is useful or debilitating, and adjust your standards and behavior accordingly
- The secret to finding real satisfaction in every step of the writing process

Log in to your NCFDD account and register OR FSU faculty will meet physically in Strozier Library to watch together and have discussion. [REGISTER HERE.](#)

OCTOBER

NCFDD 14-DAY WRITING CHALLENGE

October 2 - October 22

What is the 14-Day Writing Challenge?

The 14-Day Challenge is an opportunity for you to experiment with daily writing, online community, and supportive accountability. It's very simple:

1.
 1. You commit to write every day for at least 30 minutes.
 2. At the beginning of your writing time, you login to our online community, start the timer, complete your writing, and post your progress at the end.
 3. You take 5 minutes to support other writers in your group by commenting on their progress.

This is NOT for you if: 1) you don't want to post your progress on a daily basis and/or 2) you don't want to interact with other people.

If you're up for the challenge, then we can't wait for you to join us!

Register through your NCFDD Membership

NOVEMBER

Monday, November 13, 11:30 - 1:00 Suwannee Dining Hall

New Faculty Luncheon: "Who are we at FSU?"

Come learn about the demographics and history of FSU. Who are our students? Who are our faculty? Who are our leadership? We will eat and talk together in an informal setting. Faculty are responsible for purchasing their own lunch. [REGISTER HERE.](#)